

### **Solitude Nordic Trails**

Solitude has a variety of trails to suit your needs, from flat, open areas on the lake to rolling, wooded trails.

#### Easiest •

 $\begin{tabular}{lll} Lake Flat - 0.3 km & Evergreen - 0.4 km \\ Little Redman - 1.0 km & Mid Redman - 1.2 km \end{tabular}$ 

Silver Lake - 0.5 km

#### Moderately Difficult

Bypass – 0.3 km

New Sensation – 1.5 km

Big Redman – 2.0 km

Cornucopia – 3.0 km

Cabin Fever – 1.5 km

### **Skier Responsibility Code**

Snowsports can be enjoyed in many ways. At ski areas, you may see people using alpine, snowboard, telemark, cross country and other specialized ski equipment, such as that used by disabled or other skiers. Regardless of how you decide to enjoy the slopes, always show courtesy to others and be aware that there are elements of risk in skiing that common sense and personal awareness can help reduce. Observe the code listed below and share with other skiers the responsibility for a great skiing experience.

- Always stay in control, and be able to stop or avoid other people or objects.
- People ahead of you have the right of way. It is your responsibility to avoid them.
- You must not stop where you obstruct a trail, or are not visible from above.
- Whenever starting downhill or merging into a trail, look uphill and yield to others.
- Always use devices to help prevent runaway equipment.
- Observe all posted signs and warnings. Keep off closed trails and out of closed areas.
- Prior to using any lift, you must have the knowledge and ability to load, ride and unload safely.
- This is a partial list.

# KNOW THE CODE. IT'S YOUR RESPONSIBILITY. Use Facilities at Your Own Risk

Skiers and snowboarders assume the inherent risks of skiing and snowboarding. Therefore, Solitude requires that participants recognize the dangers or conditions which are an integral part of the sports of skiing, snowboarding and ski jumping, including but not limited to: changing weather conditions; variations or steepness in terrain; snow or ice conditions; surface or subsurface conditions such as bare spots, forest growth, rocks, stumps, impact with lift towers and other structures and their components; collision with other skiers; and a skier's failure to ski or jump within the skier's own ability. If you cannot accept the inherent risks of the sport, please do not ski in this area.

### **Trail Pass Rates**

Trail Pass	Full Day	Half Day (12:30 p.m.)	
Nordic Pass (7-64)	\$20	\$16	
Nordic Senior (65+)	\$10	_	
Nordic Child (6 and under)	Free	Free	
Nordic 2 out of 3 day pass	\$34	_	
Nordic 10 day punch pass	\$140	_	
Nordic Season Pass	\$250	_	
Nordic Season Pass with Alpine Season Pass Purchase	\$99	_	
Snowshoe Pass	\$7	_	
Snowshoe Season Pass	\$100	_	
Family Season Pass	\$350	_	
Includes Nordic and snowshoe			
access for up to five family members			

## **Equipment Rentals**

Equipment	Full Day	Half Day (12:30 p.m.)		
Classic Ski Rental Includes skis, poles and boots				
Adult (11+)	\$20	\$15		
Youth (10 and under)	\$14	\$11		
Three Day Package	\$44	_		
Four Day Package	\$54	_		
Performance Package Mohair skis, poles and boots	\$25	\$20		
Skate Ski Rental Includes skis, poles and boots				
Adult (11+)	\$22	\$18		
Youth (10 and under)	\$14	\$11		
Three Day Package	\$53	_		
Four Day Package	\$67	_		
Additional Equipment				
Snowshoe Package Pass, shoes, poles, and oversh	<b>\$28</b> oes	\$24		
Snowshoes only	\$16	\$11		
Poles – classic or skate	\$6	_		
Overshoes for snowshoes	\$7	_		
Chariot (two hours)	\$16	_		

## **Private & Group Lessons**

**Per Person With Rentals** 

Trail Pass included in pr	rices	
Private Lesson	\$62	\$70
<i>One hour lesson offered o</i> Each additional person	daily by appoir <b>\$26</b>	ntment only \$37

**Group Beginner** \$62 **Classic Lesson** 

One hour, offered daily 10:30 a.m. and 1:30 p.m.

**Kids Classic** \$36 **Lesson (4-6)** 

45 minute lesson, offered daily by appointment only

#### **Free Beginner Classic Lesson**

Lessons

The Nordic Center offers free classic ski lessons for beginners the first Friday of each month at 3 p.m. (Trail Pass and rental equipment not included).

Groups of 10 or more people qualify for a group rate. Please call 801.536.5774 for more information.

# **Clinics & Workshops**

Trail Pass included in prices

#### **Women's Skate Clinic**

Improve your skills and technique while meeting other women Nordic skaters during this four week session on Sundays from 2 to 3 p.m. throughout the season. \$115 clinic only or \$142 for clinic and equipment rental.

### **Intermediate Skate Workshop**

A co-ed clinic focused on refining technique. Two sessions offered on Sundays from 9 to 10 a.m. throughout the season. \$73 clinic only or \$90 for clinic and rentals.

### **Classic Workshop**

Learn on-snow technique and the advantages of proper waxing. Two sessions offered on Sundays from 9 to 10 a.m. throughout the season. \$73 workshop only or \$90 for workshop and rentals.

### Kids Clinic (ages 7-13)

The Kids Clinic allows children the opportunity to enjoy Nordic skiing through games and races that offer helpful tips and instruction. \$95 for four sessions. Four consecutive Fridays from 3 to 4 p.m. or Saturdays from 9 to 10 a.m. Rentals not included.

### **Snowshoe Tours**

The Snowshoeing Adventure Package is offered twice daily at 10:30 a.m. and 1:30 p.m. and requires advance reservations. Trail Pass, snowshoes, overshoes and pole rentals are included, plus a one hour guided tour by a local naturalist. Snowshoeing is a great way to exercise while learning about beautiful Big Cottonwood Canyon. \$45 per person; \$35 for children 10 years and under.



# **Solitude Dining**

From the European-inspired family favorites of St. Bernard's to the flavorful convenience of the Stone Haus Pizzeria & Creamery, Solitude Mountain Resort offers exactly what you are craving during or after a day on the mountain. Guests will find a variety of restaurants, both on and off the slopes. Every meal is served with a side of scenery. Please visit solitudemountain.com for more information.

# **Solitude Lodging**

Solitude's lodging options include a collection of condominiums, townhomes and private homes as well as a hotel, The Inn at Solitude. Our mix of room styles ranges from truly ski-in/ski-out hotel rooms to luxury condominiums to private homes with kitchens and all the comforts. For more information, please visit solitudemountain.com.

### **Solitude Mountain Resort**

12000 Big Cottonwood Canyon Solitude, UT 84121

801.534.1400 • 800.748.4754



# Solitude **Nordic Center**



Free shuttle from Solitude Village to the Nordic Center at 10:00 a.m., 1:00 p.m. and 3:30 p.m.



801.536.5774

solitudemountain.com #SolitudeMountain